



SCORING SMART GOALS

Seun Ogunmola

ABOUT THE BOOK

A Wise man once said, "Success is Goals, all else is commentary".

A Life without Goals can be likened to Footballers playing on a pitch without a goal post. They will run and run and run and get tired and at full time none of the teams would win the match.

This book has been specifically written for you. Yes, You!

I have a Goal. My Goal is to help you to not only learn how to set goals for your Life but also how you can move from setting goals to scoring your goals in a fantastic way.

I need your help. I want you to help me achieve my goals by reading through the principles I have learnt and share in this book so that you can learn how to set and score your goals too. You will help me won't you?

This Book is a little gift from me to you. Read it religiously, Practice the

Action Points at the end of each chapter. And don't forget to share it with your friends and family too.

Should you need any further clarifications, you can reach me via email; me@seunogunmola.com.ng.

I believe in your goals!.

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Forget about all the Copyright grammars!

This book is a gift from me to you. It contains some of the Life principles I have learnt and practiced over the years and has helped me achieved impressive feats.

Feel free to share it with your friends, family, relations and even enemies (they need it too). Share it on social media, on your blog, in your church, share it where ever you feel like sharing it.

Just do me a favor, practice the principles therein.

ONE: LESSONS FROM FOOTBALL

Objectives of the Chapter

Hello, before you begin the chapter, take some time to read through the objectives of the chapter. They help you to pinpoint the core message of the chapter.

At the end of this chapter, you should:

- ☺ Get a clear understanding of Goals using the game of football as an example.
- ☺ Understand how important Goals are not just in sports but also in Life.
- ☺ Get an understanding that goals are the foundation of Success.

Are you ready? Let's Learn from Football!

Have you ever played or watched a game of football?

I am very sure you have. Who doesn't play football you ask?

The game of Football or soccer like the Americans call it is the most played sport in the world. About 3.5 Billion people watch football all over the world.

In a typical game of Football, there are two teams of 11 players each.

Each team has a goal post and a goal keeper to man the goal post and prevent the opposing team's balls from getting past the goal line.

A goal is scored each time a player from one of the teams plays the

football across the goal line of the other team. The team that wins the match is the team that has scored the most goals at full time.

Have you ever imagined a football pitch without a goal post? Do you want to think about it for a moment?

What happens on such a pitch is that the players of the two opposing teams juggle the ball around the pitch for the full time of play and at the end no goal is scored. At full time, no team would have won the match.

The supporters of both teams will not be able to jubilate because there is no way to decide whether their team won or not.

The game of football comes with one of the most important lessons of Life, yet not many people have been able to successfully pay attention to and apply this lesson to their lives.

That is why I am happy you are reading this book. Before you finish devouring the chapters of this book, you too will become a member of the league of goal scorers.

Our lives my friend is like a game of football. Without well-defined goal posts, we will just run around in life like a bus with no bus stop and destination and in the end we will have no goals to show for it. A life without goals is a worthless life.

The difference between those that grow up to become successful men and women, working in great organizations, running world-class businesses and those who end up nonentities is a function of their goals.

People who go ahead to become great people in life have made it their goal since they were young. The great author Brian Tracy puts it in great perspective when he said “Success is Goals, All else is commentary”.

“Success is Goals, All else is commentary”

What it means is that whether you will be successful, great or not it is all embedded in the kind of goals you set for yourself. Whether or not you will be successful as a student, whether or not you will secure admission into the university, whether or not you will be rich and lead a good life in the future, it is all tied to the kind of goals you set for yourself from now.

Goal scoring is a critical lesson from the game of football and other sports. I am certain the next time you have the opportunity of playing or watching a football match, you will be pay more attention to the goal posts and you will also notice that the overall aim of every player on the football pitch is to play the football across the goal line of the opposing team.

That my friend is how our lives should be, at every point in time, your thoughts and actions should be directed towards scoring your goals.

Even when I wake you up from bed and I ask you about your goals, you should be able to succinctly explain them to me with alacrity.

Now that we have explored the lessons from the game of football, let us examine other factors that will qualify us into the goal scorers' league.

But before you proceed, go through the action points and free-kicks at the end of this chapter. Make sure to apply them and you will be marveled at the results you will get.

Action Points

Now that you have understood the importance of Goals to winning in football and also in Life, It is time to put your knowledge to action.

- 1. List 5 areas of Life where you think goals are equally important.

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- 2. List 5 areas in your Life where you think goals are important?

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3. How many of your friends will you teach the lessons from football?

List out their names here.

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Have any Question(S)?

Should you have any questions or need further clarification on the contents of this chapter, you can reach me via;

Phone: +234 703 3766 7193 or

Email: me@seunogunmola.com.ng

TWO: QUE SERA SERA IS JUST A SONG

Objectives of the Chapter

Did you enjoy the last chapter? Of Course you did!

Have you explored the action points? If not I can wait for you, go ahead and explore them.

At the end of this chapter, the reader should:

- ☺ Have a profound understanding of the importance of taking actions to become successful in any endeavor in Life.
- ☺ Have a profound understanding of the place of God and his Grace in achieve our goals in Life.

Are you ready to sing Que Sera Sera? Let rock and roll!

Growing up as a kid was a very wonderful experience. We played a lot.

Our compound was very large and we had enough space to play. I played with my brothers and our neighbor's, children in the neighborhood also came to our compound to play. I rode my bicycle with my friends, we sang songs, we recite poems and built sand castles.

Did you do that too? O yes! I am sure you did.

What was your favorite song at that time? Can you still remember? I guess you can't.

I can't remember my favorite song at that time but I remember one of my favorites. It is was a song titled "Que Sera Sera", it was composed by Jay Livingston and his songwriting team*.

Do you know that song too? Can you still remember how to sing it? I know you are trying to remember right now!.

Que Sera Sera in Italian language means "Whatever will be will be".

The lyrics of that song talked about a little Girl who asked her mother what she would become in the future.

"Will I be Pretty?, Will I be Rich?" the little girl questioned her mother.

Look what the mother replied; "Que Sera, Sera, Whatever will be will be, the future is not ours to see, Que sera sera".

In essence, mummy was telling her little girl not to attempt to see the future, I presume she meant whatever comes in the future just take it like that, you don't have a control over it.

Dear friend, you see, a lot of people in life today are still living on the Que Sera Sera advice. They have come to believe and see life on a just take-it-as-it-comes basis. They don't bother to dream of a better future, they don't bother to set goals, they don't bother to aspire anymore. After all, that little girl's mother told her the future is not for us to see.

However, that, just like the Tom and Jerry cartoon is not true.

Que Sera Sera is just a poem. In our life today, we have the choice to become whatever we wish to become. The future is ours to see!

As young adults, we can take a foresight into our very bright future. We can imagine the kind of lives will be leading in the future, we can set goals on the type of Education we want to acquire, the kinds of places we want to visit, the countries we want to travel to, the different sectors of Life we want to venture into, the type of influence we want to have on our society and people around us. Are you imagining that already?. The future is ours to see!.

We can set goals for the future. We can anticipate our success in the future, We can just like Steve Harris, the Life Strategist right said, we can Goal for the Future.

“Goal for the Future” – Steve Harris

But they told us in Sunday School that our future is in God’s hands you ask?

Yes! That is very true!. God created the heavens and the earth, he created us. He has been around before we came into the picture and he will be around even after we are long gone. Who else knows our future better than the God that created us?

Our future is in God’s hands but he has made us co-creators. God has entrusted the planning, building and construction of that glorious future into our hands. After he created man, he blessed us saying;

“Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.” – Gen 1:28.

Did you see that?, God has blessed our future even before we were born.

He has entrusted it to us to go and be fruitful, multiply and even mega multiply.

God is committed to blessing the work of our hands. He is always readily available to ensure that he provides the people and resources needed for us to score our goals. God has invested so much in the business of our future and he his eagerly waiting for us to make his investments count.

God is waiting on us to score our fantastic goals so he can be happy to invest more in us.

Say to yourself; **“God is waiting for me to score my goals”**. You did not say that very well. Say it loudly, “God is waiting for me to score my goals!”. That exactly is the truth.

***“For the earnest expectation of the creature waiteth
for the manifestation of the sons of God.” Rom 8:19”***

Can I announce to you that it is not only God that is waiting, all creature is waiting for you to score your goals. Your Daddy, Mummy,

Brothers, Sisters, Friends, Relatives and even your pet dog or cat are all waiting for you to score your fantastic goals.

Therefore, let it not be heard from you that the future is not for you to see. Que Sera Sera is but a poem. This is real life, whatever will be, you will make it happen!. The future is for you not just to see, but to be anticipated, imagined and in no time from now, you will see it happening.

Now it seems you are ready to join the goal scorers' league?

Are you sure you are ready? Ops! You are not ready yet!

Say to yourself, I am ready!!!. Say it like you are really ready!!

Now let us take the goal scorers creed.

The Goal Scorers Creed!

I am (mention your name here)!,

I am a goal scorer!,

I can see my future!,

It is very bright,

Whatever will be, I will make it happen!

I will set my goals and I will score my goals!

So help me God.

Chapter Summary

In this chapter;

1. We discussed about the poem Que Sera Sera meaning Whatever will be, will be.
2. We agreed that the poem is just a poem.
3. We agreed that we can see our future and whatever will be, we can make it happen.
4. We established the fact that God has already blessed our future and he and our families and friends are eagerly waiting for us to Score our Goals.
5. We took the goal scorers creed.

Action Points

1. Copy out the Goal Scorers creed on a piece of paper, paste it somewhere you can see it and recite it every day.
2. Teach 3 of your friends about what you have learned in this chapter and encourage them to teach their own friends too.
3. What other lessons did you learn from this chapter?

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**Que Sera Sera -[https://en.wikipedia.org/wiki/Que_Sera,_Sera_\(Whatever_Will_Be,_Will_Be\)](https://en.wikipedia.org/wiki/Que_Sera,_Sera_(Whatever_Will_Be,_Will_Be))*

THREE: S FOR SIMPLE, SPECIFIC, STRAIGHT- FORWARD

Objectives of the Chapter

You are enjoying the book ain't you? In this chapter, you will:

- ☺ Understanding the concept of Specific Goals.
- ☺ Be able to weigh goals and determine whether they are specific or not.
- ☺ Set Specific goals for yourself in every area of your life.
- ☺ Help your friends set specific goals to.

Ready? Let's Rock and Roll!

Welcome on board!, you are now getting enrolled into the league of goal scorers.

In the last chapter you took the goal scorers creed and I believe you have/will be taking the creed every other morning henceforth.

However, you are still a trainee goal scorer. Before you can parade yourself as a goal scorer, you need to undergo extensive training in the art of goal scoring. There are principles and strategies you should and must follow if you must score smart goals.

I call them the SMART strategies for SMART goal scoring. Each of the letters of the word smart standing for a pillar of goal scoring. In this chapter you will learn about the letter S what it stands for and how to put it to use.

Let begin!

Have you seen the letter S before? Of course you have. Why wont you know S for School? S for Sweet!, S for Seun, that is my name by the way.

However, as a goal scorer, the letter S will henceforth begin to mean some more important things to you. In the game of goal scoring, S stands for Simple, Specific and Straight-forward. What other words can you think of in the S category?

SIMPLE

To score your goals effectively, they must be simple. By simple I don't mean lazy or not requiring any efforts at all. A simple goal is a goal you can explain to evening your four year old little sibling and he/she will understand it perfectly.

The first rule of Smart goal scoring however is to keep your goals Simple. When you have simple goals, it will be very easy for you to plan and strategize on how to go about achieve that goal. Let me give you a few examples;

- ☉ I will be the overall best student this session.
- ☉ I will be the best student in mathematics by scoring at least 28 out of 30 in my test and at least 65 out of 70 in my examination.

Both of the above are goals. But one is simpler than the other. Which do you think is simpler?. I am sure you are not going for option A. I will be the best student this session is a goal but it is ambiguous and obviously void of plans to achieve the goal. The option B on the other hand is simple enough to explain that if I score 28 out of 30 in my test and 65 out of 70 in my Mathematics , then I would have score 93 out of 100 and hopefully, I will be the best student in mathematics. Do you understand?

Often times, the simpler the goal, the easier it becomes to achieve it.

SPECIFIC

Next to Simple on the goal scoring pyramid is Specific.

Specific means to be precise and unambiguous. Some goals might be simple but not specific.

When I grow up, I will be rich looks like a simple goal; the person setting the goal is probably still young and is hoping when he/she grows up, he/she will be rich.

However, any smart person will raise questions such as how old will you be when you grow up?, how much money will you have to become rich? And other smart questions.

That goal could be better said as; At age 30, I would have made a Million naira from working in an organization (or running my own business). That is more specific you quite agree, don't you?

STRAIGHT-FORWARD

Straightforward means easy to understand and carry out. Your goals should be set in such a way that you will find it very easy to carry them out. They should be straightforward. A straightforward goal is a goal that by mere reading it alone, you can begin to form plans on how to achieve the goal. A straightforward goal needs no interpreter. It is concise and direct in a language you understand. You can read the goal and almost immediately begin to take action on it.

Let me round up this part with a verse from the Holy Bible;

“Write the vision; make it plain on tablets, so he may run who reads it.” – Habakkuk

Plain in that verse means clearly visible, easily understood. I can easily interpret it as saying write your goal, make it plain, simple, straightforward and specific, so that you may run (take action), when you read it. Quite impressive isn't it?

“Write your goal, make it plain, simple, straightforward and specific, so that you may run (take action), when you read it”

As a goal scorer, you must develop the ability to set and write down your goals in such a manner that it is plain, in simple words, straightforward and very specific. In such a way that you don't need an interpreter to explain your own goals to you. This is the first step in Smart goal scoring. I believe you now have a clear understanding of what a clear goal is?.

Now to our Action Points!

Action Points

The action point(s) for this chapter is very simple!

Just go ahead and set goals for yourself in several aspects of your Life.

Set academic goals, set spiritual goals, set future goals, set goals for the kinds of houses you will build for your parents, the kind of cars you will buy for them.

Now check your goals, are they Simple, Specific and Straight-forward?

FOUR: M FOR MEASURABLE, MILESTONE, MARK-ABLE

Objectives of the Chapter

In the last chapter, you learnt how to set goals that are Simple, Specific and Straight-forward.

In this chapter, you will learn;

- ☉ What is means for Goals to be Measurable.
- ☉ How to set goals that are measurable and markable.
- ☉ You will learn how to give your goals milestones.

Ready to make your goals measurable? Hop in!

How would you feel if you suddenly find yourself in a Taxi or a Commercial bus and you don't know the bus stop where you are meant to alight?

Let me help you understand it further. You are in the bus, you know the bus is going somewhere but you don't know where you will alight from the bus. Automatically, every "bus-stop" is a potential bus-stop. You don't even know when you get to your actual bus-stop. Highly Devastating isn't it?

That my friend is exactly how a life without measurable goals is. You know you are going somewhere, but you don't know where you are going. You don't know when you have scored your goals, you don't know how long it will take you to actually score the goals (if any).

Chances are you are just wasting your time, helping someone else scoring their own goals while you think you are scoring your own goals.

Measurable

How would it feel if our watches were not calibrated in seconds, minutes and hours? We just know Time is going but we can tell what time it is. Same is it with your goals. Your goals should have units of measurement. They should be measurable in terms of how long it will take to score the goals, how much will it cost in terms of money and other resources etc.

Let me cite a few examples to help you understand it better. Let's assume you have a goal to save up Five thousand Naira by December of this year, already it August so automatically, you know you have approximately 5 months to achieve your goal. That suggests to me that for every month, you must save at least One thousand Naira if you must achieve your goal of saving up Five Thousand Naira for Christmas. You now have a unit of measurement for your goal. Your goal can be measure in Naira(s) per Month (Naira/Month). In the case of the Five thousand Naira goal, your optimal level of saving will be 1Thousand Naira/ Month if you must achieve your goal. Do you now understand how to give your goals a unit of measurement? That leads us to the next point.

Milestone

After you have succeed in giving your goals units of measurement, you might have to break them down in chewable chunks to make the goal scoring easier.

A milestone in the real sense is a stone people use "in those days" to indicate the the distance between places in miles. A stone is placed at every mile to help a traveller to know how many miles he/she has traveled so far.

In your goal scoring quest, you will also need milestones. After breaking down your goals into smaller sub-goals, you will place a milestone at each sub-goal.

In the example we gave above, we can place milestones at the end of August, September, October, November and December. We have a total of 5 milestones.

At the end of August is a One thousand Naira milestone. It means by the end of August, you should have at least One thousand Naira in your savings. At the end of September, you should have Two Thousand Naira, at the end of October you should have Three Thousand Naira. By the end of December your savings account should contain a minimum of Five thousand Naira.

Milestones help us to score our goals in installments. You don't need to wait till the end of December to know whether you will score your Five thousand Naira goal or not.

Goals have a life-span. They don't live forever. You should attach deadlines to your goals. No matter how big your goal is, give it a attainable deadline. If your goal is to have all As in your WAEC or NECO exams and you are presently in SSS 1, of course, you know you have less than 3 years to write WAEC. Thus the deadline for your goal is less than 3 years.

Mark-able

Having good milestones helps to make your goals mark-able. What do I mean by Mark-able. You should have goals that you can look at and at a glance know whether you are moving towards scoring your goals or not.

You should be able to mark your goals as either scored or not when the deadline elapses. Also, at milestones, you should be able to mark your goals. From the example we cited earlier, if at the end of August, all I have in my savings account is Eight Hundred Naira, that means I did not score my goal for that month and it might affect my the overall scoring of my goals.

Do you understand it?

You should set your goals in such a way that you can easily determine at a glance whether you are heading towards scoring those goals or not.

Let move on.

Action Points

Do you still have the goals in from the last chapter in your goals book?

Of course you do!, don't you?

Now go back to those goals, for each goal you have set;

- ☯ Ask yourself are they measurable? If they are not, reset them and make them measurable.
- ☯ Break each of your goals into measurable milestones.
- ☯ At the end of the deadline for each milestone, mark those goals as either scored or not-scored. For the goals you did not score, reset them!.

FIVE : A FOR ACTIONABLE, ACHIEVABLE,ACTUALIZE-ABLE

Objectives of the Chapter

Well-done!, you have come a long way in your goal scoring quest. This chapter introduces you another key component of smart goal scoring..

In the chapter, you will learn;

- ☉ How to test whether your goals are actionable.
- ☉ How to set Achievable goals and finally
- ☉ How to set your goals in such a way that they are actually actualize-able!

On your marks! Get Set!, Let's go!

Before you take any action on your already set goals, you must pass them through the achievability test to determine whether they are worth expending your strengths on or not.

What do I mean by this? You see my friend all goals are achievable but not all goals can be achieved given the available time and resources at our disposals per time. It is therefore of outmost important to filter our goals and determine which ones are achievable given the time and resources (money,books,people) at our disposals.

Let me help you understand it. You see, at every point in time, each of us have what we call capacity. We have a measure of Energy per

time. Physics defines Energy as the "ability or capacity" to do work per unit of time. No matter how big you want to think or how big you want to set your goals, there are things you cannot just achieve given the remain time and resources you have handy.

Hence it will be wise on your part to focus more of your energy on those goals that you can score by taking actions immediately. Do you get it?

Let us understand it further. Like I said earlier, we need to pass our goes through at least 3 filters under the actions department. We will now explain the filters in details.

Actionable

Take a look at the goals you have set. Are there things that you can start doing immediately to make the goals a reality. Take for example if I set a goal to become the best student in mathematics for my class, almost immediately, I can pick up my Mathematics textbook or go to the school library to get some Mathematics textbook or even borrow my friend's Mathematics textbook and start practicing don't you think so?. That goal is very actionable given the resources available at my disposal.

If on the other hand, I have a goal to save up Fifty thousand Naira to buy myself a personal laptop computer in the next 6 months and monthly pocket money is One thousand Naira, you will agree with me that except if a miracle happens and God decides to turn my One thousand to Fifty thousand, I cannot possibly achieve that goal even

if I save all of my pocket money for the next 6 months. That goal my friend is not so actionable at least not at the moment.

Now take a look at your goals, which one of them do you think you can start doing something today to achieve them, write them down on a second sheet of paper. Those are your actionable goals. And you should start working on them immediately. The others that do not pass this test can be left for a later time or you can pray to God about it or tell your Parents, your Uncles or Aunties who you think can help you out with them.

Achievable

The next filter is the achievability filter. It goes side by side with the previous filter. Let me ask you this question. If you did all your best, saved all your pocket money, read all through your prep time and even read at every free time you have, do you think you can score that goal you have written down?. If your answer is a Yes!, then that goal is achievable, otherwise, that goal might not be achievable at this point in time. You might have to suspend it so that you have enough time to focus on other achievable goals at the moment, or probably break it down into bits smaller sub-goals part of which you can achieve now and achieve the rest later. Did you get that.

Actualize-able

The next and final filter is the actualize-ability filter. To actualize something means to make it happen, to make it a reality.

Let us assume you have all the time and resources in the world at your disposal, do you think that your goal can be made real?

If I gave you all the books you need and even enrolled you for extra coaching, can you still win the overall best student prize at the end of the session?

If I enrolled you in a Music school and bought you a new Violin or Saxophone, can you still become the professional Saxophonist you always dreamt of becoming?

Those are few examples of how to test if your goals are actualize-able.

You know if a goal is actualize-able if you can boldly say that if you get A and B and C you can make D happen.

Action Points

Now, go back to your goals, for each of those goals, ask yourself these questions;

- ☹ Is it Actionable?
- ☹ Is it Achievable?
- ☹ Is it actualize-able?

SIX: R FOR REALISTIC, RELEVANT, REASONABLE

Objectives of the Chapter

So now you have achievable goals don't you?

Before you take any step, you need to pass those goals through a reality check.

In this chapter, you will learn;

- ☉ What a reality check is?
- ☉ How to check if your goal can become a reality and
- ☉ Ultimately how to set realistic goals.

Ready to Score Real Goals? Let's go there!

Realistic

Reality measures the degree to which a person, a thing or an event is real. A real thing is something that is existing or that can exist in the very near future.

As a young adult, your goals should be realistic per time. For example, setting a goal of buying a Car in your Secondary School or in your early undergraduate days in the University can be a little far from reality. No doubt, you start a business or work for an organization in the years to come and make enough money to buy you a car, but at the moment setting a goal to buy a Car is not

realistic. Some goes for some other goals you will be setting as you move on in life.

In the words of Williams Shakespeare, the great author;

"To thyself be true" – Williams Shakespeare

What that statement implies is that you should be very true to yourself. Set Big goals but not goals outside your capacity.

Relevant

Another very important factor is the relevance of your goals to your course. Your goals should be in tandem to who you are and what you are trying to achieve. For example if you are a student either in the Secondary School or in the University, your assignment is to Study. That is why you are called a Student in the first place. The job of a Student is to Study. Yes, you have a job in case you don't know. Your office is your school, you have "coworkers" with whom you attend the office together. As a student, especially in the secondary school and in the early undergraduate days, you have no business getting a boyfriend or a fiance or a fiancee. Don't forget what we said your job was!, your Job is to study. You have you business breaking anybody's heart or in anybody breaking your heart. You have no business in Clubs or Night parties or are you a "Clubber"? Of course you are not.

The reason why most students fail in school is because they have left their jobs of studying and focused on other jobs that are not theirs.

Any club or society asides the extra-curricular clubs like the Junior Engineers, Technicians and Scientists (JETS) club, the Literary and

Debating Society, the Press club and others stipulated by the school authority, you have no business joining in the first place let alone attending meetings.

If you are a boarding student, your house for the main time is the dormitory, you have no business roaming the streets in search of what is not lost in the first place. Do you understand my friend?

Your goals should be relevant to your Job and assignment by time. A banker doesn't set an Engineer's goals, a Teacher doesn't set a Doctor's goals, like wise you a Student, you shouldn't set the goals of a Cultist or that of a Married Man or Woman. You are not married yet, you shouldn't set goals of taking care of a "school-wife" or a "school-husband". Wait till you are married.

Reasonable

Finally my friend, your goals should be reasonable. A reasonable goal is one that makes logical sense to any one you explain it to.

Let me help you understand it. If you approach me today and tell me about your goals to become the best student in Mathematics or Computer Science in your school, and as such, you are in need of money to purchase a laptop or a certain mathematics textbook not available in the School library, don't you think I will happily give you the money? Of course, I will.

What if instead you approach me and tell me you need money to buy the latest Makeups and Powder as a female student or you tell me you want to buy the latest Sneakers as a male student. Can you

guess my first question? I will ask if you have become a model or if your school now teaches subjects in gangsterism.

Did you spot the difference between the two examples above? One was reasonable to the course of the student, the other was not. One would make you a better person in Life both now and in the future. The other will make you nothing more than a cosmetically lazy student and of course a wannabe gangster.

I close this chapter with this nuggets can flashed into my mind as I keyed this on my computer;

"Set your Goals in the Direction of your Dreams"

- Seun Ogunmola

Action Points

Now go back to the goals you have set thus far, check through each goal and ask yourself these questions;

- ☉ Are these goals Realistic enough?
- ☉ Are they relevant to my Assignment, my Mission and my Course?
- ☉ Are they reasonable?

SEVEN : T FOR TIME-ABLE, TIME-BOUND

Objectives of the Chapter

Timeliness is the final and the most vital part of the Smart goal scoring principles. In this chapter, you will learn;

- ☉ What it means for your goals to be timely.
- ☉ How to set goals that are Timely, Time-able and Time-bound.
- ☉ How to use time to your advantage in scoring smart goals.

Don't waste any more time! Let's Rock and Roll

"Tick says the clock, Tick, Tick, what you have to do, do quick!"

You remember that rhyme from nursery school don't you?

It is not just a rhyme, it is a principle.

On the long run, we all score goals. But what determines whether our goals will be smart or fantastic is how timely we set and score them.

Take for example, we entered JSS 1 together from primary school and after the stipulated 6 years, you wrote you WAEC and passed in flying colors while I was still in school because I probably repeated some classes or because I did not make my WAEC papers at once. What if after two years that you graduated, I finally wrote the WAEC

examinations and I had As in all my papers. I passed excellently didn't I? Of course, I did. But the question is how timely did I pass.

As the time of getting my As my mates back then in JSS1 would probably be rounding up their University Education don't you teach so? However I still passed didn't I?

That is also applicable to Goal setting and Goal Scoring.

Every goal you set should have a definite time frame within which you are totally committed to scoring that goal.

I will become the best student in this class!.... When?

I will be very good in Mathematics!..... When?

I will turn a new leaf!....When?

A goal without an associated time frame is not different from a mere wish. You just hope to achieve it, you don't know when. Without a sense of when to achieve your goals, you might not develop the impetus to discover the "how" to achieve that goal.

You are nothing but a day-dreamer, hoping and wishing that you achieve your goals.

A sense of timing is very germane to scoring our smart and fantastic goals.

You must attached a deadline to your goals.

Your goals must have a definite time within which they must be scored.

Imagine a game of football without the normal duration of play for the first and second halves, the referee just comes up and says okay teams continue playing till you are all tired and then we will determine the winner. It doesn't work that way you know!. Same is applicable to your goals.

Setting goals without a sense of timing in as good as not setting goals at all.

Next time you are setting goals, always ask yourself, When am I achieving this goal. That will give you a sense of timing and create the urgency you need to score the goal.

Let's cite a few examples; Okay I have decided I want to become the best student in Computer Science in my class. That is a very good one, but that is just the first step of my work.

The next thing I need to decide is when will I become the best student in Computer Science?. Of course, I can choose to become the best student next term, next session or even next year as long as I become the best student right? of course, that is very wrong.

How about I decide, I will become the best student this term!. Now I know my when. When? This term!

I can now go ahead to break the goal down into say, okay I will read my Computer Science notes and textbooks for two hours every day for the rest of the term. I can go ahead to say, I will score 29 out of 30 in the Continuous Assessment Test and I will score 69 out of 70 in the examinations thus I will have a total score of 98 out of 100

which is sufficient for me to become the best student. Now you see why a sense of timing is important in our goal scoring quest?

Action Points

Go back to your goals, for each goal you have in your goals book, attach a timeline within which you will score each goal. You can break the goals down into milestones and attached smaller time spans to each milestone.

LET'S PLAY SOME FREEKICKS

Congratulations

Congratulations my friend!, you have made it to the end of this book. You are now a bona fide goal scorer. I hope you took the action points at the end of each chapter otherwise you are just a half-baked, quack goal scorer. You won't be able to dribble through life and score goals like Lionel Messi does on the pitch.

Now you have goals or rather goal posts and you are a goal scorer!

Go ahead and play as many free kicks as you possibly can.

Set your goals very simply, specific and straightforward, make them measurable, break them into milestones, make each milestone a mark-able one. Make sure they are Actionable, Achievable and Actualize-able. However, ensure they are Realistic and Relevant to your mission. Finally attach time-spans and timelines to them.
#Datzall!

I look forward to hearing news of your goal scoring. I look forward to seeing your name on the highest goal scorers lists. I look forward to your testimonies.

I am Seun Ogunmola!

Your Fellow Goal Scorer!

By the way, did you enjoy the book?

Of course I know you learnt one or two new things didn't you?

Get more stuffs like this and other thought-provoking insights from me.

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THE END